

Wednesday, 1 July 2026

SEXUAL HEALTH EDUCATION

Dear parent or carer,

Sexual health education is an important part of a young person's health and wellbeing. Participation aims to improve their ability to develop healthy relationships, be confident and happy within themselves and their bodies, and make well-informed and safe decisions in the future.

Research reaffirms that sexual health education enables young people to develop accurate and age-appropriate knowledge, attitudes and skills; positive values and attitudes; and skills that contribute to safe, healthy and positive relationships (UNESCO 2018). In addition, sexual health education contributes to delayed sexual activity, reduced risk taking, and greater understanding of respectful relationships and consent.

For students up to year 10, sexual health education is addressed in the Australian Curriculum Health and Physical Education learning area at an age and developmentally appropriate level. The relationships and sexuality focus area addresses physical, social and emotional changes that occur over time and the significant role relationships, identities and sexuality play in these changes. The content supports students to develop positive and respectful practices in relation to their reproductive and sexual health and their identities.

More information can be found on the Australian Curriculum website

<https://v9.australiancurriculum.edu.au/>.

The sexual health program includes topics about:

- Sexual health
- Respectful relationships
- Sexual body parts
- Puberty
- Conception
- Contraception
- Gender equality
- Power
- Diversity of sexual attraction
- Pornography
- Impacts of social media

This is an important part of the sexual health program supported by the school's Governing Council. This means that all students in years **6 to 12** will access the program **unless the parent or carer applies to the principal for an exemption for their child.**

If you would like to discuss the program in more detail, contact your head of campus;

Beach: David

Little Para: Tammy

Torrens Rd: Mario

Additional information:

- Parenting SA - www.parenting.sa.gov.au
- Raising children network - <https://raisingchildren.net.au/>
- SHINE SA - <http://www.shinesa.org.au/>
- Talk soon. Talk often. - http://www.healthywa.wa.gov.au/Articles/S_T/Talk-soon-talk-often
- International technical guidance on sexuality education: An evidence-informed approach (UNESCO 2018) <https://www.unfpa.org/publications/international-technical-guidance-sexuality-education>

Yours sincerely,



John Leondaris

Principal

Bowden Brompton Community School

“A new start for a positive future”

Torrens Rd Campus:

Senior School Campus
85A Torrens Road
Brompton SA 5007
Telephone (08) 8346 4041

Beach Campus:

Senior School Campus
181 Beach Road
Christies Beach SA 5165
Telephone (08) 8384 8288

Little Para Campus:

Middle School Campus
55 Downton Ave
Salisbury North SA 5108
Telephone (08) 82853109

Email: dl.1418.info@schools.sa.edu.au

Website: www.bbcs.sa.edu.au

Facebook: www.facebook.com/BowdenBromptonCommunitySchool